



# How we work & How you can help

## 1 Give Money



### Donate

For every \$1 you give, we provide \$5 worth of food.  
[sfmfoodbank.org/donate](http://sfmfoodbank.org/donate)



With your support we provide food directly to:

**419 community partners** like soup kitchens, shelters, churches, and community organizations.

**253 weekly farmers market-style pantries** in schools, supportive housing sites, and community centers.

**Other programs** like home-delivered groceries, serving seniors with low mobility bags of fresh groceries.

## 2 Give Food



### Host a Food Drive

We deliver the barrel.  
You organize a group to fill it.  
Or host a drive online.

[sfmfoodbank.org/food-fund-drives](http://sfmfoodbank.org/food-fund-drives)



Your donations help to round out our weekly distributions of fresh produce, staples, and protein.

## 3 Give Time



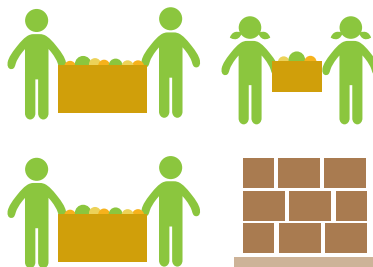
### Volunteer

With shifts each day, everyone can lend a hand.

» **Evening shifts:** Tuesday, Wednesday, and Thursday.

» **Kids can help out** on the weekends.

[sfmfoodbank.org/volunteer](http://sfmfoodbank.org/volunteer)



Thanks to about 40,000 volunteers annually (the equivalent of about 70 full-time staff), we are able to provide over 28 million pounds of fresh fruits and vegetables every year.

Together, we can end hunger in San Francisco and Marin.



follow us @sfmfoodbank



# Our Impact

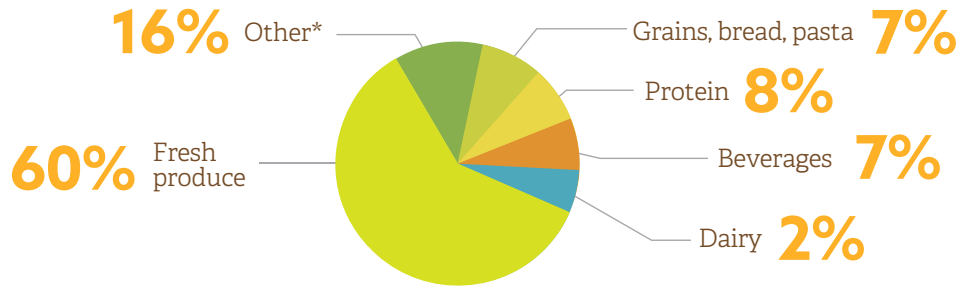
Transforming lives with food

**1 in 4** residents in San Francisco and Marin is in need of food assistance. We provide nutritious, fresh food to **225,000 people** every year.



## Healthy

We support the health and well-being of our participants with nutritious food.



\*For example soups, snacks, and canned, frozen, and dried fruits and vegetables.



## Innovative

We address hunger head on.

**30,000**

families receive fresh groceries at our weekly pantries

**44,000**

children every year receive food from our programs

**28,000**

seniors receive food every month, home-delivered, at our pantries, or through other programs



## Committed

We raise our voice to fight for increased food access.

Only about **50%** of eligible residents participate in CalFresh (food stamps)



Last year we helped **2,144** households to apply for CalFresh



The result: **\$5,093,582** in estimated benefits to help families buy groceries

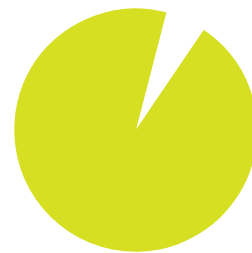


## Accountable

As much as 96% of donated resources directly support our food programs.

**96%** of donated resources directly support our food programs

★★★★ rating on Charity Navigator



Together, we can end hunger in San Francisco and Marin.



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